## GENERAL INFORMATION FROM THE HEALTH OFFICE

## When to keep a child home with illness

- Fever greater than 100.4
- Vomiting and/or diarrhea within the last 24 hours
- Severe sore throat with or without fever and feeling ill for more than 48 hours
- Severe ear pain or fluids coming from the ear
- Large amounts of mucous from the nose with headache

Please keep children home for 24 hours after the fever ends or they have completed 24 hours of medication if prescribed by your health care provider.

## Medication

Any medication given in school requires the written consent of both the parent/guardian and the doctor. This is required by New York State and there is a specific form available on the school website. A doctor can also write the prescription on his/her own form with the letterhead and the parent can then sign and date that form. All medication must be brought to school by the parent or designated adult in the original prescription/over-the-counter containers.

## **Exclusion/Return to physical education**

Extended excuse from Physical Education classes will only be granted with a physician's note. In other situations, students will be allowed to have limited activity for one physical education class with a note from the parent. Any child excluded from physical education is also excluded from recess and field days.

Colleen Carol, RN, BSN School Nurse